

# The Evelyn Underhill Association Newsletter 2015-2016



**EVELYN UNDERHILL QUIET DAY** Saturday, June 18, 2016 9:30 a.m. - 3:30 p.m. Sayre House, Washington National Cathedral

> **"The Spirituality of Risk"** Directed by Donyelle McCray

Download Registration Form

"Real prayer begins with the plunge into the water." Evelyn Underhill makes this observation in a 1928 retreat and repeatedly affirms that risk is an essential component of healthy spirituality. She attributes much of the beauty of Christian life to the interplay of risk and trust and warns against an insistence on constant comfort. During our time together we will explore the role of risk in Evelyn Underhill's life: What were the great risks in her life story? Why did she see risk as so pivotal in the lives of the saints? How does risk-taking anchor our spiritual thriving today?

Donyelle McCray is Assistant Professor of Homiletics at Virginia Theological Seminary in Alexandria, VA. Her teaching and research centers on the symbiotic relationship between preaching and Christian spirituality.



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## FR. RICHARD ROHR'S DAILY MEDITATIONS

#### **Evelyn Underhill**

Sunday, August 9, 2015

This week we continue exploring the modern mystics who have had the greatest impact on my own theology and practice. Evelyn Underhill (1875-1941) was a prolific British writer who is best known for her book *Mysticism: A Study in the Nature and Development of Man's Spiritual Consciousness*. Through her study of the mystics and even more through her lived experiences, Underhill emphasized that the mystical state of union with God produces creative action in the world.

As she puts it, "For [mystics,] contemplation and action are not opposites, but two interdependent forms of a life that is one--a life that rushes out to a passionate communion with the true and beautiful, only that it may draw from this direct experience of Reality a new intensity wherewith to handle the world of things; and remake it, or at least some little bit of it, 'nearer to the heart's desire.'" [1] The mystic's heart beats in union with God's heart, so "the heart's desire" is God's desire.

Evelyn Underhill held the tension between intellect and intimacy in her longing to be holy. At first she only trusted her intellect and studied holiness methodically and empirically. She became known as the Anglican woman who awakened Protestants to the Catholic mystics. As Underhill gradually opened to the experiences of life, she was led from a disembodied, intellectual spirituality to an engaged, down-to-earth spirituality. She grew through the guidance of her spiritual director, through the suffering and devastation of World War I, and through visiting the poor and serving as a spiritual director and retreat leader.

Underhill's growth into a more incarnational spirituality is evident even in her style of writing. Here is a selection from *Mysticism*, where she is actually describing--from a safe distance--what she herself most needed at the time, a "physical sense of the holy":

The mystics find the basis of their method not in logic but in life: in the existence of a discoverable "real," a spark of true being, within the seeking subject, which can, in that ineffable experience which they call the "act of union," fuse itself with and thus apprehend the reality of the sought Object. In theological language, their theory of knowledge is that the spirit of man [and woman], itself essentially divine, is capable of immediate communion with God, the One Reality. [2]

Compare this to Underhill's later writing where her focus turns to applying spirituality to ordinary life, thus uniting contemplation and action:

Try to arrange things so that you can have a reasonable bit of quiet every day and do not . . . think it selfish . . . . You are obeying God's call and giving Him [sic] the opportunity to teach you what He wants you to know, and so make you more useful to Him and to other souls. [3]

Remember God is acting on your soul all the time, whether you have spiritual sensations or not. [4]

Take the present situation as it is and try to deal with what it brings you, in a spirit of generosity and love. God is as much in the difficult home problems as in the times of quiet and prayer. . . . Try especially to do His will there, deliberately seek opportunities for kindness, sympathy, and patience. [5]

Fr. Richard Rohr's Daily Meditations. Center for Action and Contemplation.
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Readers can sign up to receive these free daily meditations at <u>cac.org</u>.

#### REFERENCES

[1] Evelyn Underhill, Practical Mysticism (E.P. Dutton & Company: 1915), Ch. 10.

[2] Evelyn Underhill, *Mysticism: A Study In the Nature and Development of Man's Spiritual Consciousness* (E.P. Dutton & Company: 1911), 24.

[3] The Letters of Evelyn Underhill (Longmans, Green and Co.: 1951), 141.

[4] Evelyn Underhill, The Mount of Purification (Longmans, Green and Co.: 1949), 184.

[5] The Letters of Evelyn Underhill (Longmans, Green and Co.: 1951), 137.

#### **NEW AND NOTEWORTHY**

Donald J. Childs, "Eliot and Underhill: An Early Mystical Influence," *Durham University Journal* 80 (1987), 83-98.

Donald J. Childs, T. S. Eliot, Mystic, Son and Lover. London: Bloomsbury, 2014, 33-41.

Francesca Bugliani Knox, "Between Fire and Fire: T. S. Eliot's *The Waste Land*," *The Heythrop Journal*, Dec. 2014 <u>http://onlinelibrary.wiley.com/enhanced/doi/10.1111/heyj.12240/</u>. Contains references to Underhill.

YouTube lecture by Dr. Liz Watson, "The Making of a Mystic," St. Giles Church, Oxford, UK, March 24, 2015.

A discussion of Evelyn Underhill's contribution to contemplative living is included in *Journey to the Heart: Christian Contemplation Through the Centuries,* "Ed. Kim Nataraja, Canterbury Press, UK, 2011.

Read Kathleen Staudt's comments on silence on "The Unquiet Quiet of Moments of Silence," April 9, 2015, *Tomorrow*.

The electronic Online Books Page lists 25 of Underhill's books available for free.

Want quotes from Evelyn Underhill? Google Top 25 Quotes by Evelyn Underhill.

"If God is Real, It Is The Most Important Fact of Your Life" by Margery Egan.

Former Archbishop of Canterbury Rowan Williams gave the Evelyn Underhill Lecture at Boston College on July 11, 2015.

Evelyn Underhill is profiled in Interfaith Heroes 2 by Daniel L. Buttry, Read the Spirit Publishers, Canton, MI.

Carla Arnell, Associate Professor of English at Lake Forest College, IL, gave two lectures at St. Elizabeth Episcopal Church in Gencoe, IL: "Evelyn Underhill: Modern Architect of Medieval Mysticism" and "Evelyn Underhill: The Work of Spiritual Retreats and the Art of Contemplative Prayer."

**The Retreat House in the village of Pleshey** was Evelyn Underhill's favorite house of prayer. It is currently undergoing renovations. Those who would like to financially support this work can send contributions



to: Chelmsford Diocesan House of Retreat, The Street, Pleshey, Essex CM 3 1HA,

and UK. This is a Registered Charity.

**Underhill House,** located in Seattle, is a place of hospitality, welcome and quiet for all people who are devoted to prayer and holy simplicity. To learn more visit <u>www.underhillhouse.org</u>.

### **BECOMING WHAT WE BEHOLD**

Daily we behold terrible and diminishing things, not just in the newspaper and on the news, but in films, television programs, books, plays, even music. Daily we also behold our "golden calves" of consumer products in ads, commercials, and our neighbor's latest acquisition. Daily we are bombarded and distracted by e-mails, text messages, and the multiple layers of the internet. If, as in Evelyn Underhill's estimation, we become what we behold, we are becoming a mess of noise, violence, and greed with little room for the divine, the holy, and God.

Saints are to be found in "the mess," as Underhill suggests, but not overwhelmed by it. The reason? Saints, mystics, and everyday fellow travelers take time to be present and available to the eternal, to the inbreaking commonwealth of God, to God. Not for self-improvement, but for their own sakes. But being present to eternity, God's hope for the world, and God herself is transformative, offering peace that passes understanding—not just for ourselves but for the world. Underhill might as well have quoted Mahatma Gandhi, "become the change you want to see in the world."

The danger she observes is that too often those who want to change the world do so without changing ourselves. In youth I wanted to "change the world." In adulthood I wanted to change my little part of the world, the church. Now I feel blessed if I am able to change myself! But the truth is, whatever I've been able to do for various causes has come to whatever extent I have spent time in God's presence. God is a very good influence, and I wish I had spent more time with God. This is why I find mystics and the contemplative life so appealing.

Of all the mystics and spiritual guides I have encountered, mostly through reading and courses, Evelyn Underhill writes the closest to my own spiritual experience. I too am theocentric, as she was at first. I too have reservations about the attempts of theology, ethics, religion, and the church to "capture" God, as if that were even possible. I too value other religions and the multiple expressions of Christian faith.

But I too have needed spiritual guidance, spiritual community, belief systems, and liturgy and worship to better understand that God is love. And perhaps most intimately, I too believe in the "homeliness" of the spiritual experience. For me it is not ethereal, other-worldly or supernatural, but an incarnated, earthly, and embodied encounter with the sacred—yet no less profound because of that! God's love was first embodied for me in my parents, and then multiple church "families."

That's why Jesus is important to me, more so than "Christ." The homeliness of Jesus, his everyday compassion and yet need for prayer, his teachings and also his teachings on prayer, praying in our pantry or closet (remembering to "shut the door" in Underhill's words), the simple prayer he taught his disciples, and his faith in a loving God—all suggest spiritual maturity. Yet "Christ" too is important for me, as it was for Underhill, that we as Christ and as part of Christ live redemptively for the world and as part of the Body of Christ, the church.

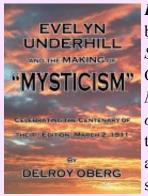


Rev. Chris Glaser, author and free weekly blogger of Progressive Christian Reflections. <u>http://www.chrisglaser.com/</u>

"Progressive Christian Reflections": http://chrisglaser.blogspot.com

Other references to Evelyn Underhill in the writings of Chris Glaser. http://chrisglaser.blogspot.com/search?q=evelyn+underhill

## NEW BOOK ON UNDERHILL REVIEWED



*Evelyn Underhill and the Making of Mysticism* by Delroy Oberg was written to celebrate the centenary of *Mysticism: A Study of the Nature and Development of Man's Spiritual Consciousness* published in 1911 and in print continuously since that time. Oberg, an Australian and introducer and compiler of *Daily Reading with a Modern Mystic*, explores Underhill's personal history and the actual writing of her *magnus opus*. She asks: Why did Underhill write this book and how did she accomplish this task? How did her family, education, travels, marriage, friendships, religious desires and vocation impact the creation of this major book? What is valuable here is the intersection of an interesting life and an important book. This is a thorough and accessible volume which will enliven and inspire those who read it.

*Evelyn Underhill and the Making of Mysticism* by Delroy Oberg. Brisbane, Australia: Schuurs Publications, 2015. 378 pages.

#### **ANNUAL QUIET DAY 2015**

Evelyn Underhill and T. S. Eliot were in contact often and in many ways over the years of their lives. Eliot had, in 1913, as an undergraduate at Harvard, purchased a copy of *Mysticism* and had taken copious notes. During the time of their mutual lifetimes in London they had many contacts. Eliot, as the editor of the <u>Criterion</u>, would frequently be in consultation with Underhill in her role as religion editor of the <u>Spectator</u>. In the year 1940 each published a work concerned with the topic of time. Underhill published an essay, "The Mastery of Time", and Eliot published the second of what would become the Four Quartets, "East Coker". In her essay, Underhill used a passage from the book of Isaiah, "He who believes shall not make haste." She asks readers to identify which things in their lives are really important to them and, thereby what are the things they always want to have "time" for. Secondly, she asks readers to try to live always in the present, or, in her words, "with God who is the eternal Now". Eliot, in "East Coker," (the Somerset village from which his ancestors immigrated to America), describes the experience of encountering the eternal Now. "...We must be still and still moving / into another intensity / for a further union, a deeper communion.../...In my end is my beginning."

"In my end is my beginning" – all times are here if we can be still enough. When Underhill died on June 15, 1941, Eliot wrote, "her studies of the great mystics had . . .a consciousness of the great need of the contemplative element in the modern world." And that element is needed, as well, in our world today.

#### THE MASTERY OF TIME Evelyn Underhill

"He that believeth shall not make haste." Isaiah 28:16

"He that believeth shall not make haste." That is to say, he won't get rattled or hustled; he won't let time get on top of him or dictate to him. Doesn't that speak to all of us of something which deep down we wish were true of ourselves? Time, the enemy ... How often do you hear people saying, — how often do you hear yourself saying, "Oh, I haven't got time!" I haven't got time... No, we haven't, for time has got us, or most of us.

In this western world we have planned to master time. We think we have got it where we want it — around our wrists or on the wall, there at our disposal by turning a radio knob or calling up on the telephone. We have invented machines to measure it with incredible accuracy. (A clock is just being imported for the American missile program — I'm glad to say, from Britain — claimed to be accurate to one three hundred thousand millionth of a second.) We have invented every kind of gadget to save time — so that we can get yet more and more into the twenty-four hours. If someone were to patent an invention for condensed sleep, so as to get the effect of eight hours in two, he would probably be hailed as the greatest benefactor of humankind. Time would have received its knockout blow.

And yet, I wonder. For the net effect of all this is that we have only become more and more the slaves of time. The quiet, unhurried serenity has gone. We cannot do anything without glancing at our watch or consulting our diary; and it frightens me to think of the extent to which my whole waking routine is controlled by what is surely the most ugly of all noises that grates upon the ear at seven o'clock each morning.

If there is a symbol of our age, perhaps it is something that every factory worker does each day of their working lives — I refer to clocking in. (Very soon probably they won't even have to do that; the clock will itself observe them by radar.) In the ancient world when a person entered a temple, each made a votive offering to a god or a goddess at the door. As twentieth century people file into their shrines, they obediently pay their due to the god that regulates their lives — the clock. It is the clock that measures us, that silent witness that keeps our going in and our coming out and relentlessly records our every movement. That is where all our organization and machinery to free us from time, to save us time, has brought us. Never before have we had such control over things, and never before have we been so enslaved by them. And of nothing is this more true than of time.

And so we take a holiday, a vacation, to gain release from this bondage for a space, to stand back from the rush of things and breathe again. But a holiday is a respite, not a cure. The more we need holidays, the more certain it is that the disease has conquered us and not we it. More and more holidays just to get away from it all is a sure sign of a decaying civilization; it was one of the most obvious marks of the breakdown of the Roman empire. It is a symptom that we haven't learned how to live so as to re-create ourselves in our work instead of being sapped by it. A car should always be charging its battery as it runs. If it simply uses up without putting back, it has to go into dock to be recharged. It is not a sign that we are running particularly well if we are constantly needing to go into dock.

Have you ever noticed that Jesus is never recorded as taking a holiday? He retired for the purposes of his mission, not from it. He was never destroyed by his work; he was always on top of it. He moved among people as the master of every situation. He was busier than anyone; the multitudes were always at him, yet he had time, for everything and everyone. He was never hurried, or harassed, or too busy. He had complete supremacy over time; he never let it dictate to him. He talked of "my time;" "my hour." He knew exactly when the moment had come for doing something and when it had not. And so it has been in lesser degree with those who have caught his spirit; they have time. What is this secret of unhurried souls? It is quite simply that, like Jesus, they have learned what it means to live with him who is the Lord of time, with the one who himself is never hurried or hustled or perturbed. How does it happen, why is it that a person whose life is thus rooted in God and eternity acquires this mastery over time? For two reasons:

1. Because life takes on a new simplicity. We get harassed when life gets too complicated. We become distracted and distraught as one thing after another comes crowding in upon us. We never have time for anything because we have lost the power to do one thing. One always gets the impression from Jesus that he knew at any moment what was the single thing that mattered. We always have time for what we really think is important. You may ask yourself: "Have I got time for this?" The answer is: how important is it to you? Next time you catch yourself saying, "Oh, I haven't got time for that!" remember you are giving away your priorities. It may be quite right that you haven't — but then you shouldn't be harassed about it. What has happened when we say we have time for nothing is that there is no one thing that has an absolute priority in our lives. We do lots and lots of things; we are constantly rushing around frantically busy with this, that, and the other, taking on more and more — very often precisely so that we won't have to stop and fare the choice which is: what are the few really important things in life?

That's the first reason why a life lived in God is a life that masters time. One can see the distractions for what they are and center down on the things that really matter. But of course this doesn't mean that Christians do less than other people. (Look at Jesus again, and think of those people — many of the busiest you have known — who have something of this quality.) And that leads me to the second reason for the mastery of time.

2. *Those who live in God have not only got their priorities straight*, they have learned that to live with God is to live always in the present, with him who is the eternal Now. We all know people who live in the past — and we usually laugh at them — for they are pretty harmless. But it is much easier, and much more dangerous, to live in the future. Remember how Jesus coupled mistrust of God with anxiety — always worrying about the morrow? And that applies not only to the morrow but to the next job. The reason why we get harassed, again, is that we are always thinking of what we have still got to do rather than of what we are doing.

The secret of the busiest people who are also the calmest is that they are able to concentrate everything on the thing of the moment, without a constant side glance at the clock or a worry whether they shouldn't rather be doing this, that, or the other instead. Not only are they able to center down upon the things that really matter, they are able to do each of them in turn. They acquire the power to do one thing, and also the power to do one thing at a time. They keep their eyes fixed on the present and don't dissipate their energies on worry about the future or on regrets about the past.

Living in the present means squarely accepting and responding to it as God's moment for you now while it is called "today" rather than wishing it were yesterday or tomorrow. There is a verse in Deuteronomy: "In the morning thou shalt say, 'Would God it were evening!' And at even thou shalt say, 'Would God it were morning!" Haven't we all caught ourselves wishing the present away in this sort of manner? And if you do this, it will be because, as the Deuteronomist says, "Thou shalt have none assurance of thy life" — that is, you shall have a lack of trust, trust of the Father in whose hands the times and seasons are.

A wise man has said: "Only a Christian can live wholly in the present, for to him the past is pardoned and the future is safe in God." The past is pardoned: the Christian life must be a life without regrets, without remorse. If you have made a decision, and you still feel, taking it all in all, it was the right one, then don't look over your shoulder on what might have been. If it was wrong, ask for forgiveness and accept the present consequences, happily and without remorse. Nothing is more corrosive of the powers you should be using to meet the present.

God is eternally living and working in the now. He doesn't say, "Oh, if only humans hadn't gotten my purposes into such a frightful mess, I might be able to do something for them." Patiently he uses every situation, however tangled it may have gotten by human sin, and, like the potter with the plastic clay in his hands, creates out of it a wholly new moment, a fresh situation of opportunity, in which his will can be answered and his design furthered. The Christian is the person who sees every time and every situation, however dreary and repetitive, as God sees it — afresh creation from his hand, demanding its own response in perhaps a wholly new and creative way. Under God he is free over it. He has won through to a purchase over events; he has risen with Christ.

Don't we envy people who never get flurried, who always, however busy, seem to have time for us and for what they want to do, who are always on top of the clock? I know I do, for they seem to me to possess one of the greatest liberties of our age. Well, that is not an accident in any person, nor is it merely a matter of temperament. It is a quality of saints. It comes from quiet singleness of purpose; it is given to those who have sunk roots deep into eternity, to those who have made up their minds about God and his purpose for them, who see life whole and therefore see it steadily. It is only these who rise above time and its slavery. It is "he that believeth" that "shall not make haste." (Printed by permission of the Evelyn Underhill Trust)

This article was retrieved by Grace Adolphsen Brame and appeared as part of her article: "Evelyn Underhill and the Mastery of Time," *Spirituality Today* Vol. 42, No. 4, 1990. This journal has now been replaced by *Spirituality*.

## EVELYN UNDERHILL AND THE VIRGIN MARY Carol H. Poston

Evelyn Underhill (1875-1941) was a guiding light in Anglican spirituality in the twentieth century, and her best-known works, *Mysticism* (1911) and *Worship* (1936) are still read and studied today. A prolific writer-theologian, poet, novelist, she is frequently anthologized. Her early life and writings -those undertaken before she became an actively-committed member of the Church of England in the 1920s -- are, with the exception of *Mysticism*, less well-known. This article examines the early works that treat the



Virgin Mary, and explain how that subject may have influenced the pacifism she later embraced. A feminist reading of those early works also suggests biographical links to her "care for souls," or spiritual direction, and to her own family. The dutiful child of somewhat remote and distant parents, herself in a childless marriage, Underhill's spiritual nurture by way of Mary helps explain both her spiritual growth and her role as a spiritual director to others.

Evelyn Underhill's success as a prolific British writer on mysticism, spiritual formation, worship, and religion in the first three decades of the twentieth century has occasioned much discussion about how a woman of her time, class, education, and upbringing could have made her mark in a field which, throughout the preceding centuries, had been dominated by professional male theologians. She was largely self-educated, with a brief three years away as a teenager at a middling boarding school in Folkestone and two years of courses in botany and history at what was then Kings College for Women in London, and was baptized and confirmed by conventional but not especially religious parents in the Church of England. Underhill might more predictably have been headed toward an upper-middle class lady's life in Edwardian England, complete with servants, house, and a solicitor husband with a social circle, presiding over a tea table, a brood of children, and the charity bazaars for which her mother had trained her. Yet at her life's end not only was she an experienced and wellknown spiritual director; she had also served as religious editor of the respectable Spectator, had published more than thirty-nine books and innumerable articles and poems, had helped to spearhead the revival of religious retreats in the Established Church, and had developed intellectual and friendly relationships with a range of theologians and scholars. According to Michael Ramsey, Underhill had done "more than anyone else to keep the spiritual life alive in Anglicanism in the bewildering years between the wars."<sup>1</sup> To this opinion of the redoubtable former Archbishop of Canterbury, a present-day theologian, Todd Johnson, has added that Underhill had helped to form "a theological synthesis using the Spirit that is more at home in our age than her own," which reflected "the mind of a woman years ahead of her time."<sup>2</sup>

But that promise was not evident in her young life. At boarding school she dutifully attended church and spoke lightheartedly in letters to her mother about the "walties," the sermons by the Reverend Russell Wakefield, vicar at Sandgate and later Bishop of Birmingham. By the end of the century, now in her twenties, she had developed an interest in the Roman Catholic Church, owing to her many visits to Italy as well as her close friendship with Ethel Ross Barker, a Girton educated intellectual who also felt the pull of Roman Catholicism. Together they attended retreats at a Franciscan convent in Southampton and made friends with the Mother Superior, but while Barker finally was converted, Underhill remained behind, ostensibly because she could not accept the tenets of *Pascendi Gregorii*, Pius X's papal encyclical condemning Modernism in the church. That Roman Catholicism was the magnet for her engagement in religious orthodoxy is made clear in her novels and in many of her early letters from Italy, where she made nearly annual visits with her mother after 1898. They reflect a lively young woman's voracious appetite for new scenes and places, a hunger fed by her exposure there to medieval and Renaissance Italian art and a warm-blooded spirituality that must have seemed far removed from the decorous Anglican practices of her girlhood.

Underhill's final decision to remain an Anglican does not negate the fact that early in her life she held a surprisingly intimate view, one by no means typical of many Anglicans then or now, of the protective motherhood of the Blessed Virgin Mary. That view, I believe, contributed to her basic Christian formation. There may well be deeply rooted personal reasons for her growing interest in, and acknowledgment of, the place of Mary in spiritual devotion. In addition, that relationship was a linchpin in her early formation as a Christian spiritual director in what she called her "care for souls." Biographical speculation about childrearing comes up not only with her lifelong love of cats over children, but her seeming indifference to traditional expectations of a woman of her class and her apparent aloofness to children.<sup>3</sup> Her interpretation of motherhood, since her own mother appears to have been somewhat remote and she herself was childless, would come to fruition in her mature understanding of sacrifice that characterized her later years. Indeed, the question of Underhill's attraction to the Virgin remains profoundly theological and is bound up in her ideas of the Incarnation, of Christian sacrifice, and, I would submit, her later embrace of pacifism at the end of her life.

Despite her wide travels and her early interest in Roman Catholicism, Underhill's fealty to Mary remains surprising for a woman of her nationality, class, and time. Her childhood friend and future husband Hubert Stuart-Moore, who was to pursue a career as a solicitor specializing in maritime law, confessed discomfort with her religious interest and worries about her possible conversion. We do not know whether Hubert's views were finally responsible for quenching her early attraction to Rome, but those views certainly reflected a longstanding suspicion among Anglicans about what was disparagingly termed "Mariolatry." John Henry Newman remained uncomfortable with the more Italianate forms of Marian devotion even after his intellectual acceptance of her place in the doctrine of the Incarnation, and confessed his discomfort as late as his *A pologia Pro Vita Sua* (1864): Such devotional manifestations in honour of our Lady had been my great crux as regards Catholicism; I say frankly, I do not enter into them even now; I trust I do not love her the less, because I cannot enter into them. They may be fully explained and defended; but sentiment and taste do not run with logic: they are suitable for Italy, but they are not suitable for England."<sup>4</sup> A sense of remoteness from the Vatican hierarchy was likewise evident among certain English families (the "Old Catholics") whose loyalty to Rome had persisted throughout the period of the Elizabethan settlement but who also exhibited a characteristic English suspicion of all things Italian, a suspicion aggravated by the rise of the Ultramontane party in the Roman Church and the declaration of papal infallibility at the Vatican Council of 1870. Finally, English middle- and uppermiddle class anti-Catholicism had been fueled at mid-century by Irish immigration, particularly into the Midlands. The converts were not as numerous as some had feared in the wake of Newman's muchpublicized defection, but English distrust of Rome, if inflated, was by no means fully assuaged in all quarters.

The seminal idea of sacrifice, that quality of surrender and charity that underlies the mystical life, was to penetrate all of Underhill's theological works, beginning in the first decade of her writing career. After her highly successful first novel, *The Grey World* (1904), the theme of sacrifice is particularly evident in three works: *The Miracles of Our Lady Saint Mary* (1906); a second novel, *The Lost Word* (1907); and *The Spiral Way* (1912), which follows closely upon her first major (and still enduring) work, *Mysticism* (1911). This decade was also marked by her marriage to Hubert in 1907. This remarkably fertile period comes at a time when Underhill had not settled her religious commitments and was not affiliated with any church or institution. She was dealing intellectually and creatively with a complex of ideas that remained fresh and urgent for the rest of her life, as will be evident when we turn briefly to *Worship* (1936), *The Mystery of Sacrifice* (1937), and several late essays on pacifism.

*The Miracles of Our Lady Saint Mary Brought Out of Divers Tongues and Newly Set Forth in English* is a collection of medieval legends, chiefly from Old English, French, and German, that Underhill paraphrased in contemporary English for a modem audience. In the months leading up to its publication in 1906 she was reading in the *Patrología Latina*, and had reprinted another's translation of "an Ethiopian text" to give her readers a flavor of the Coptic Church. Underhill may have been aided in this remarkable task by J. A. Herbert, Keeper of Manuscripts in the British Museum, who seemed fascinated with her and her work, shared her interest in Roman Catholicism, and helped to secure texts from the manuscript archives for her.<sup>5</sup> The only contemporary Mary legend that she refers to as "treated by a writer of our time" was Maeterlinck's "Soeur Beatrice" and the late Victorian poet John Davidson's "Ballad of a Nun," an occasionally anthologized nineteenth-century narrative poem that tells the tale of a nun climbing the convent walls to follow the call of her sexuality; she does not include "The Nun Who Desired the World," the original of the story, assuming her readers would know it.

Underhill's selection of tales from the more than four hundred available to her bespeaks her interest in the subject, but it is in the introduction to the *Miracles* that she reveals a personal side. Her motivation for making this collection available to a contemporary audience is "to show something of the intimate charm of the medieval attitude towards the Virgin Mary.... Less awful than the Deity, more powerful than the Saints, one might speak with 'Madame Saint Mary' as woman to woman,... [and] might rely on her human sympathy in matters of the body, as well as on her mystical intercession in the affairs of the soul."<sup>6</sup> Phrases like "matters of the body" and "woman to woman" should be especially noted here, because this introduction was written in 1905

when Underhill was thirty years old, two years away from marriage, clearly sexually inexperienced and, as we have already said, apparently dutiful to but emotionally distant from her mother. At the time she wrote the introduction, however, she was in Asolo in 1905 on one of the several Italian journeys mother and daughter made together. She writes to her future husband, "I am trying to employ the wet weather by writing the introduction to the Mary legends, but find it rather hard work out here."<sup>7</sup> She is also picking up religious keepsakes for her own use, as shown in a following letter written from Bergamo, where she has found "a very fine old rosary" with amber beads and "a crucifix-jewel in filigree silver and blue enamel... [and a] little charm with a Madonna & Child inside, I think in ivory."<sup>8</sup> In a tender aside, she is asking her very handy fiancé to repair it for her, since his hobby at the time was working in Arts and Crafts jewelry.

Underhill's several long trips to Italy had no doubt familiarized her with the many artistic representations of the Virgin, including the Madonna della Misericordia, that genre of paintings, widespread from the thirteenth to the sixteenth centuries, featuring Mary with her cloak shielding tiny human supplicants. She was writing her introduction to her Mary legends amidst a culture and a people who adored and expected protection from the Blessed Virgin. Not only was she imbibing the art, culture, and religion she found in Italy but also a kind of pervasive warmth that seemed to lighten and illuminate her very spirit so accustomed to British chill and fog.

Underhill's humanization of Mary not only suggests deference to, or at least a certain caution about, a mostly English and Protestant audience, but also implies awareness of her own needs. In her collection, Mary is a medieval lady, a magician, and indeed a saint, but not yet a God-bearer. Underhill seems to be speaking less theologically than personally, as the prospective mother she was not in fact to be and as the daughter hungry for maternal attention, when she says:

> As a mother evokes in her children at once the simplest, most intimate confidence and also the most exalted emotion: as they come to her, with no sense of incongruity, in their most trivial necessities no less than in the most sacred moments of their lives, so "Goddes Moder and oures" received from those who were in every sense her children, simple and familiar friendship, mystical adoration, and unfailing trust. To drag back this sentiment and its expression from the shadow-land to which it has retreated is, therefore, the aim of this book.<sup>9</sup>

What the *Miracles of Our Lady* leaves unsaid was to move more to the foreground in Underhill's second novel, *The Lost Word*. After an early tryst with neo-Platonism in which she saw mysticism as the "flight of the alone to the Alone," she was beginning, as a young adult, to settle into a more sacramental faith in which Mary would take her rightful place. Her sacramentalism was warmed by her belief that the Incarnation was the most fundamental doctrine in Christianity, celebrated in the sacrament of the eucharist. As early as the summer of 1907, the year in which *The Lost Word* went to press, she was writing to a spiritual directee, **I** think the central

fact of the Mass is the Presence on the Altar. From this are deducible the other aspects of communion sacrifice and adoration. To limit the meaning of the Eucharist to any one of these things is to implicitly deny the Presence in its full signification."<sup>10</sup> That conviction never went away and in fact was amplified later under the influence of Baron Friedrich von Hügel, a prominent Catholic layman and writer on mysticism, and later Underhill's spiritual director until his death in 1925. By the end of her life, in her last major work, she was saying, "The Christian hope of the future is that this, the true meaning and message of the Incarnation, will come to be more deeply understood."<sup>11</sup>The centrality of the Incarnation is closely joined by her other basic religious principle of sacrifice, the mystical self-surrender to God. Both would seem to have relevance to Mary Theotokos, Mary the God-bearer.

The principle of sacrifice was to be foregrounded in her second novel. Unlike the acclaim her first novel had received, *The Lost Word* was pronounced muddled, even indecipherable, by some critics. Ostensibly following a Freemason theme of ritualistic word and sacrifice, the novel tells the love story of Paul Vickery, son of a cathedral dean, who from childhood senses the "unseen" beauty of the Pattern World, an early mystical blending of what Underhill called "the real and the Real." His passion for sacred architecture is realized after leaving Oxford when his wealthy and intellectually commonplace friend Hugh offers him the chance to build a cathedral for an idealistic community he is constructing for the workers in his textile factory. The novel moves forward with an artistic and aesthetic cast of characters and a budding and finally realized romance and future marriage with Catherine Alstone, a Shavian heroine possessed not only of "the Life Force" but an aesthetic ideal that she feels she must conquer and sacrifice. Paul's passion for the medieval art of the cathedral, the masons who built them, and the guilds that united them, however, precede his passion for Catherine.

Paul's early plan for the great west front is unconventionally symbolic. He says that there are to be three doors, "the door of beauty in the middle, because that is the direct and perfect way of approach, and on each side the doors of strength and wisdom .... The Tree of Life grows about the door of beauty."<sup>12</sup> On the lintel above the door is to be a statue of Mary, "the Queen of Queens, the Perfect Beauty that is the true door of the house of mystery and love." When his friend Hugh questions whether the bishop might object to having the Virgin Mary over the door, Paul exclaims, "Oh, hang bishops! Where do they come in? Don't you see, the point is to have it true and beautiful? Other people's intolerances don't count."<sup>13</sup> One senses Evelyn Underhill's own voice behind his exasperation.

Both aesthetic and bodily purity prevail among the guild workers at Paul's cathedral project, especially in a subplot involving Jimmy Redway, an ordained priest and an aesthete who denies himself any indulgence in "the Deity of British domestic sentiment," and Emma, a mason who sculpts and designs the gargoyles, the profane as well as the sacred, and likes to "savor it all . . . from High Mass to cockfighting." Emma insists that William Blake was right, that the God who made the lamb also made the lion "because He is an all-beautiful God, not a bishop."<sup>14</sup> Catherine shares much the same intellectual views as Emma, but she is privileged by class, though she is restive and feels inauthentic, coddled as she is in her comfortable upper class home "day after day with hot lunches, and Empire frocks, and having cultured idiots to tea; but somewhere in the world real things are happening, vital, savage things. That's what I'm starving for .... I don't care whether it's painting a saint, or having a baby, or being converted, or what."<sup>15</sup>

Paul is encouraged in his quest for Beauty by yet another Arts and Crafts devotee, Mark Gwent, more the patron of Freemasonry than the cathedral, who tries to keep the vision of the Queen, from the Rosicrucian idea of the Rosa Mystica and Sedes Sapientiae, alive in the construction. It is Mark who sees Catherine as the image of the statue that is to crown the center of the great west end of the cathedral. Paul, suddenly inspired, goes out into the street to find an urchin to pose with the Virgin/Catherine. Quickly successful in his search, he comes into the building, "Christopher-like," holding the child on his shoulder. At that point Catherine "stretched out her arms involuntarily, as if to snatch the baby away," for she "suffered torments at the sight of a child in the arms of the man whom she loved." Catherine becomes a mother, the virgin mother, as Paul puts the child in her arms and Mark "waited on the consummation of this sacramental act."<sup>16</sup> At that act, Paul sees Catherine as the true Queen of the Door: "He fancied that deep in her eyes one might find the Word of Power."<sup>17</sup>

Each attempts to sever bonds with the other. Catherine, convinced that she would destroy Paul's aesthetic idealism were he to become husband and father, rejects him, but her rejection chokes off his creativity and his productive work on the cathedral, and they each flee, Catherine to "confession" to the former priest Redway, whom she happens to meet at the back of a church where she has gone in her misery. She is in torment, and Redway advises her that suffering is inevitable: "It is the feeling that makes some women desire childbirth-the mystical satisfaction of voluntary pain."<sup>18</sup> But marriage there is to be, for each returns in misery to the nowempty cathedral and realize that their marriage is inevitable.

And birth there is to be, when on their honeymoon in Carcassonne, still miserable that she had ruined Paul's creativity, Catherine kneels at the foot of a Madonna, not a Queen of Heaven but a "very respectable Mother and Pattern of Womanhood" and cries out that she cannot sacrifice Paul. She "looked into the sad and steadfast face of God's Mother ... no symbol, no portrait even, but rather into the grave and patient face of Life herself; intent on the eternal procession of seedtime and harvest, birth and death, her long maternal day of love and pain." The "all-enduring Mother" speaks to her: "My daughter, my little daughter, is it too hard for you?" and tells her that her own beloved son had gone to sacrifice and she "would have suffered hell so willingly to save Him. I had to bear that.... Are you so finely built that you must be your own redeemer?"<sup>19</sup> Mary's mystical appearance and advice quietly converts Catherine to a life of sacrifice and love, come what may.

Also during their honeymoon, in the half-lit aisles of the medieval castellated town, they meet each other wandering, unable to sleep, and Paul shows Catherine an unintentionally humorous letter from Hugh who, back in his ideal workers' community, has undertaken to finish the cathedral to his own liking with some "practical business men" and other "jolly" and successful artists. Hugh apologizes that Paul's father, the dean, has come up to see the new cathedral, and confesses, "I am sure you will say I was right in deferring to his opinion. It would be a pity to make friction so early in the day, or oppose the Mind of the Church. He said of course he knew we meant it all right, but it seemed to him an error of judgment, in a new church, to have the Virgin Mary over the central door. In old buildings people made allowances, but he felt sure it would offend the bishop."<sup>20</sup> The novel certainly contains a playful critique of "Low" Anglican views on the Virgin, but more important is the literary use of Mary not only as mother and God-bearer, Theotokos, but also as Catherine's guide, mentor, and protector and, we might surmise, the exemplar of a true mother to Underhill herself. It is Mary who speaks to her daughter to say that she, a mother, had to surrender her son as a sacrifice for the whole world. Genuine charity or love requires sacrifice.

The last of the early works to reveal Underhill's view of the importance of Mary, *The Spiral Way*, immediately succeeded *Mysticism* in 1912 (and in fact she may have been working on it at the same time as her large and scholarly study). It is a short book, a meditation on the rosary published under the pseudonym John Cordelier, books that we might call "inspirational" or "guidepost" literature. The two books, the first proudly bearing her own name, the other a pseudonym, a male name taken from the Latin cor or "heart," suggest Underhill's two authorial voices: one rational and scholarly, the other personal and emotional. Later she was to disown the two Cordelier books, as in fact she did much of her early writing, including The Mystic Way. In a letter to the American Quaker Rufus Jones in 1915 she says, "There is, I need hardly tell you, much in my books which I should now modify or omit were I re-writing them."<sup>21</sup> There is no denying, however, that at the time this book was written, the young Underhill identifies the Virgin Mother as the emblem and inspiration for the formation of the Christian life: if humans wish to move into the divine order, the Virgin Mother Mary is to be their guide.

Underhill's seriousness about Mary's sanctified model is corroborated at the time in a letter to Marjorie Robinson in 1911, the year of the publication of Mysticism. Underhill has sent the newly completed (but not yet published) Cordelier book to her friend, who has obviously responded in the typical Anglican fashion to its praise of Mary as part of the Way. Underhill says to her, "The phrase 'we need Mary to lead us to Christ' (he thought you'd hate that) means we need the experience of Mary to initiate us into the XT-life: i.e. we must live over the bit she lived over, if we are to actualize the Incarnation in ourselves."<sup>22</sup>

The classic recitation of the "long" rosary involved three sets of mysteries-the Joyful, the Sorrowful, and the Glorious, each mystery involving the recitation of one "Our Father" and ten "Hail Mary's. Underhill takes up the Joyful mysteries first, and the figure of Mary appears in each one inasmuch as she is featured as the mother of Christ. In her meditation on the first of the Joyful Mysteries, the Annunciation, she focuses on the centrality of Mary as moral guide if we are to get on the road to growth in our divinity. She says that "in us there is roadmaking to be done, the hard cutting of new paths. . . . And what shall be the curve that marks our progress-that 'way,' as the mystics call it, which is a journey and a transmutation in one?" If we are indeed to make that difficult transition into what she called Reality (with a capital R), "we need in fact the natural simplicity of Mary" to lead us there. Mary is "the incarnate genius of humanity" who leads us to "a wholeness, at once Divine and human . . . which runs through all creation, the universal and dynamic expression of the Mind of Christ."<sup>23</sup>

In her celebration of the third of the Joyful Mysteries, the Visitation of Mary to her cousin Elizabeth, Underhill meditates on the great prayer of the Magnificat. Mary goes "up into the hill country in a spirit of prayer, yet

goes upon a simple human errand, love Divine and human interwoven in her outlook from the first: and humanity, simple yet far-seeing, comes to meet her with a blessing on its lips." She utters the Magnificat, "a joy so lyrical in quality that it can only find expression in a song.... The music of the Magnificat springs out of the very heart of life."<sup>24</sup>

In the Nativity, the most celebrated of the Joyful Mysteries, Underhill likens all believers to Mary the mother, for "shelter we must give, and nourishment" in our maternal selves to grow the divine within us: we all are mothers, in a sense, to the Divine that grows and matures within us. "God has sprung up for us, out of the earth as it seems, from the very heart of humanity."<sup>25</sup> Even in the final of the Joyful Mysteries, "The Child Amongst the Doctors," she writes of the birth and childhood of Jesus as overseen by Mary who attends us as we grow, for when "we loose the hand of Life our Mother, and run to find knowledge amongst the doctors-knowledge of God and man: having yet to learn that the only Way of Illumination for immortal yet imprisoned spirit is the way of pain and growth and love." This is the way of pain and growth that every mother knows. It is "a part, too, of the education of the Heavenly Child within us, a schooling in humility."<sup>26</sup> Here she says resolutely that we need to embrace Nazareth, the growing up of the child, for "Not the head but the heart is the spirits growing-point."<sup>27</sup> A reflection of her own "life among the doctors" and scholars of mysticism, this mystery reveals that Underhill herself has needed Mary to nourish the loving, protective side of her as she grows intellectually.

As Underhill embarks upon the Sorrowful Mysteries-the Agony in the Garden, the Scourging, and the Crown of Thorns the Bearing of the Cross, the Crucifixion-she speaks of surrender to suffering and resignation: "The ending of the joyful mysteries is the ending of the childhood of the soul."<sup>28</sup> She cites the saints, Thomas à Kempis's The Imitation of Christ, and the Roman Missal, particularly the Exsultet, to identify Christ's suffering with what, in a sense, humans must also give themselves up to in death. Recalling Mary's visit to her cousin Elizabeth with each carrying a child in the womb, Underhill speaks of this mystery: "As the joyful mystery of the Visitation, so is the mystery of this slow and bitter climb to death. It is a way of prayer: a mystical ascent to new and close communion with our Master, along the least promising of paths."<sup>29</sup> And even as she discourses upon the agony of the cross, Underhill speaks also of birth, citing the mystics who in "casting about for metaphors that shall hint at these strange adventures of the spirit, say that the soul endures upon the Cross not the pains of death but the travail of yet another birth-a difficult, slow birth, that . . . comes forth from the sheltering womb of nature, in which it has lain so warm, so safe, so blind."<sup>30</sup>

In the final mysteries of the rosary, the Glorious or Triumphant Mysteries (the Resurrection, the Ascension, the Coming of the Holy Spirit, the Assumption of Mary, and the Coronation), Mary's role in the spiritual life moves forward, not as only maternal when Jesus is a growing child; it is Pentecostal in that it continues after his death. In the third Glorious Mystery, the Coming of the Holy Spirit, Underhill sees Mary as a central figure: "Not for nothing did the old painters put our Lady in the very centre of the Pentecostal scene. The soul that has borne God shall spend God" in what she calls "that greater gift of flaming charity which is the only language of theheart."<sup>31</sup> Even in the great mysteries of the Assumption of the Virgin and the Coronation in heaven, Underhill focuses upon Mary as the consummate image of the spiritual life: "Mary [is] made a partaker

of the Divine Nature. She is the first fruits and completion of the Incarnation, the key to all cosmic meanings, an earnest of the perfect indwelling of humanity in God." Underhill, who was learning Italian at the time, here cites lines from Dante's Paradiso referring to Beatrice, a typology of Mary, to show that "the Spiral Way has reached its consummation."<sup>32</sup>

This last comment may illuminate an element of Underhill's personal life: if she experienced disappointment at not bearing a child, spiritual birth, or in Jesus' words being "born again," would offer divine compensation. Our inner child must figuratively die in our arms, as in the Pietà, before we set out on the mature spiritual path. Per-haps, too, Mother Church may have offered Herself in some way as a substitute for her mother and even suggested a spiritual rather than physical procreation. Already the asthma that was eventually to contribute to her death had begun to send her frequently to her sickbed. Even if Hubert was "protecting" her from the rigors of childbirth, Underhill was yet to bear "spiritual children" in her role as spiritual guide, teacher, and "caretaker of souls."

Whatever was born in Evelyn Underhill's soul by her early devotion to Mary as the emblem of the spiritual life, it spoke of a maternal and protective fervor that never went away but, I believe, was transmuted into even deeper spiritual levels. In the writings that follow, she continues to focus upon the qualities of sacrifice and self -surrender to the Spirit as well as on the deep-seated notion of the Incarnation as absolutely fundamental to the Christian life. Her last major work, *Worship*, on which she labored for nearly five years, sweeps majestically across Judeo-Christian divisions to describe the sacrificial center of the Abrahamic religions. In her chapter on "Catholic Worship: Western and Eastern," Underhill again comes back to the guidance of Mary. Referring to the "intensely corporate spirit" of the Catholic church (under which designation Underhill, of course, classifies Anglicanism), she emphasizes the importance of the saints and places Mary at the head of the saints: "Especially the Blessed Virgin, as the human agent of Incarnation, must be for the Catholic devotion the 'saint of saints,' in whom the race aspires towards God, and abandons itself to his action. ... The dubious ancestry of some aspects of Marian devotion ... must not blind us to the deep spiritual truth which it enshrines."<sup>33</sup>

#### In a late work, a slim and rich little volume called *The Mystery of Sacrifice*: A Meditation

on the Liturgy, Underhill lays out the primacy of sacrifice for us incarnated creatures. She cites John of the Cross to the effect that each human soul is God's own package, and she adds that "self-scrutiny at its best hardly gets beyond the paper and the string."<sup>34</sup> Small and ordinary as it may be-"homely" being Underhill's most frequent term for it-the gift of our sacrificed human nature is where we are most Christ-like, that "giving of the whole material of that earthly life which, through the obedience of Mary, He accepted."<sup>35</sup> Just as *The Spiral Way* is the pattern, the emblem of the Way personified, so we present in communion, at the end

without man's small offering, nothing would have been done. The loaves must be given, and at his own cost, before they can become the gathering-points of the supernatural care, blessed, broken and distributed, and so the Bread of Life given to the soul. "Why, that's a bit of my own baking!" said the woman in the old story, when the Holy Food was put into her hand.<sup>36</sup>

Mary's assent at the Annunciation is the pattern: "One movement supposes and completes the other, as the Nativity, God self-given in the flesh, requires the free oblation of the creature-the Blessed Virgin's self-offering to His hidden purpose. 'Behold the handmaid of the Lord! Be it unto me according to Thy word."<sup>37</sup>

Underhill's early devotion to Marian sacrifice comes to bloom later in her career as pacifism, that mandate for personal and radical self-sacrifice represented not just by Jesus on the cross but also Mary at the manger, Mary at the foot of the cross, Mary of the Pietà, and Mary at the Pentecost. Toward the end of her life, when bombs were landing regularly on Hampstead Heath near where she and Hubert had taken refuge, Underhill speaks of true Christian pacifism as being a lonely, though sacred, journey: unable as a Christian may be to "cast out Satan by Satan" by killing the enemy, "the true charter of Christian pacifism" is found "in the declaration of One who has conquered the rebel universe at its heart by letting violence do its worst, triumphing over principalities and powers by the costly application of sacrificial love."<sup>38</sup> In her final letter (Eastertide 1941) to the select few women of a prayer group she had established once the war had begun and she was a virtual shut-in, she warns that Christianity is not an easy journey. "It is a stem business. It is concerned with salvation through sacrifice."<sup>39</sup>

#### Footnotes

1 Michael Ramsey, foreword to Christopher Armstrong, *Evelyn Underhill: An Introduction to Her Life and Writings* (Grand Rapids, Mich.: Eerdmans Publishing, 1975), 10.

2 Todd Johnson, "The Three Faces of Evelyn Underhill," in the Evelyn Underhill Newsletter 7 [1997]: 3.

3 In correspondence to a friend during the bombing of World War II, she wrote of being asked to teach "religious knowledge' to a class of 30 boys & girls 11 to 14! Quite an experiment for me-I know nix about teaching children!" See *The Making of a Mystic: New and Selected Letters of Evelyn Underhill*, ed. Carol Poston (Urbana, 111. University of Illinois Press, 2010), 331.

4 John Henry Newman, *Apologia Pro Vita Sua*, Being a History of His Religious Opinions, ed. Martin J. Svaglic (Oxford: Clarendon, 1967), 176-177.

5 Evelyn Underhill, *The Miracles of Our Lady Saint Mary Brought Out of Divers Tongues and Newly Set Forth in English* (New York: E.P. Dutton, 1906), xxv-xxvi.

6 Underhill, Miracles of Our Lady Saint Mary, xxiii-xxiv.

7 Poston, ed., New and Selected Letters, 81.

8 Poston, ed., New and Selected Letters, 82.

9 Underhill, Miracles of Our Lady Saint Mary, xxiv-xxv.

10 Poston, ed., New and Selected Letters, 106.

- 11 Evelyn Underhill, Worship, revised edition (Guildford: Eagle, 1991), 262.
- 12 Evelyn Underhill, The Lost Word (London: Heinemann, 1907), 58.
- 13 Underhill, The Lost Word, 58-59.
- 14 Underhill, The Lost Word, 128-129.
- 15 Underhill, The Lost Word,, 104.
- 16 Underhill, The Lost Word, 172.
- 17 Underhill, The Lost Word, 174.
- 18 Underhill, The Lost Word, 230.
- 19 Underhill, The Lost Word, 294.
- 20 Underhill, The Lost Word, 298.
- 21 Poston, ed., New and Selected Letters, 214.
- 22 Poston, ed., New and Selected Letters, 183.

23 Evelyn Underhill (John Cordelier), *The Spiral Way*, *Being Meditations upon the Fifteen Mysteries of the Soul's Ascent* (London: John M. Watkins, 1922), 12-18.

- 24 Underhill, The Spiral Way, 34.
- 25 Underhill, The Spiral Way 44.
- 26 Underhill, The Spiral Way, 58.
- 27 Underhill, The Spiral Way, 64.
- 28 Underhill, The Spiral Way, 69.
- 29 Underhill, The Spiral Way, 107.
- 30 Underhill, The Spiral Way, 120-121.
- 31 Underhill, The Spiral Way, 153-154.
- 32 Underhill, The Spiral Way, 165-167.
- 33 Underhill, Worship, 192-193.

34 Evelyn Underhill, *The Mystery of Sacrifice: A Meditation on the Liturgy* (London: Longmans, Green and Co., 1938), 21.

35 Underhill, The Mystery of Sacrifice, 20.

36 Underhill, The Mystery of Sacrifice, 67-68.

37 Underhill, The Mystery of Sacrifice, 42.

38 Evelyn Underhill: Modem Guide to the Ancient Quest for the Holy, ed. Dana Greene (Albany, N.Y.: SUNY Press, 1988), 207.

39 Poston, ed., New and Selected Letters, 351.